

# >>The CAROLINIAN<<

Official Bulletin of CKI Carolinas District

Volume LI Issue 4 August 2011



## District Secretary Position Filled!

Meet, Keiko Gomez-Gurley

Carolinas District Board and Club Officers,

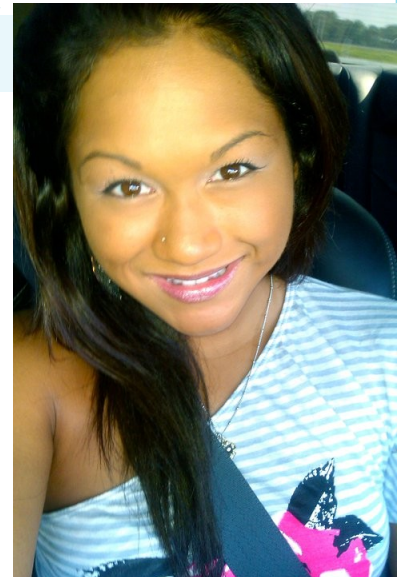
I would like to take a minute to formally introduce myself! My name is Keiko Gomez-Gurley (sometimes referred to as simply 'Keiko Gurley,' hence the email address). I just wanted to make it known that I am both excited and humbled to be serving in the position of Carolinas Circle K District Secretary for 2011-12.

I would like to keep a healthy line of communication with ALL of you, and you can expect to see my enthusiasm and love for this organization shine consistently throughout this upcoming year.

I am making this brief, but if you would like to know more information about me (previous offices held/event attendance/my favorite color/how awesome the NCSU Wolfpack is/etc.) feel free to contact me! I'm not going to bore you with my life history quite yet, but I would be more than happy to chat with you one-on-one if you'd like; I truly love this organization and see all of you not as colleagues or peers, but as my "family" members - the K-Family!

I hope you've all had a wonderful summer and didn't get too sun burnt!

Keiko Gomez-Gurley  
Carolinas Circle K, District Secretary  
North Carolina State University, Junior  
[keikogurley@gmail.com](mailto:keikogurley@gmail.com)



### INSIDE THIS ISSUE

Meet Your District Secretary.....	1
Executive Board .....	2
Lieutenant Governors .....	3
Committee Chairs .....	4
Monthly Member Recognition...	5
Mascot Stealing.....	6
Helpful Advice .....	7
Upcoming Events .....	8
Crafts That Care .....	9
Words of Inspiration.....	10
Mark Your Calendar.....	11
Letter From the Editor.....	12
District Board Contact Information.....	12

# Executive Board



## Governor, Shirlyn Davenport:

Hello Carolinas District!

IT'S HERE! It's here! Recruitment season is here! I'm so excited! UNC is having their Week of Welcome, and everywhere I turn there is an opportunity to plug CKI. I'm sure that it's the same at your school. Remember the membership goals that you set as you go about recruiting! The Membership Development and Education Committee has been sending out weekly resources (and at last check, were up to week 8) that you should feel free to use. Let your LTG know if you need another copy or some more ideas. They'll be happy to help you!

At the same time, please remember your older members. As they move back in, have a social to invite all of them back to school

and CKI. Hold a lunch or dinner with your board members and spend time just talking about how your summers went (have a "swear jar" and every time you mention CKI, put money in it, then donate the money to Eliminate.) Make sure that your information sessions are appealing and that your regular membership meetings are just as exciting. Remember: It's one thing to reel members in, but if you can't keep them, then it was all for nothing. If you need ideas on how to spice-up your meetings, feel free to ask your LTG about that too!

Have a great recruitment season, and remember that your District Board is here to help you! :)



## Treasurer, Alex Cha:

Hey Carolinas District.

Don't forget to submit your club bylaws by Sept. 9. Two clubs have already submitted their bylaws; way to go UNCW and USC-Aiken. Remember, clubs who submit on time will be rewarded on Fall Call Conference.



## Bulletin Editor, Kelly Gagnon



# Committee Chairs



1.

2.

3.

4.

5.

## **1. MD&E- *Shannon Zeiders***

Hello Carolinas District!

I can feel the excitement of another great year of Circle K in the air. As you prepare for your fall recruitment please look through the last few MD&E Weekly's the committee has sent out. They are full of great information on all different aspects of Circle K and Recruitment. We are starting to reach the end of our initial list of topics so if there are ANY topics you would like more information on please feel free to email me your suggestions. As always don't hesitate to contact me with any questions as well!! Good Luck with your Recruitment Drives!

## **2. Laws and Regulations- *Alex Cha***

Hey Carolinas District, be on the lookout for the fundraising manual, which was recently released. For any members who want to take a look, your club officers should have a copy. The manual contains ideas that will help your club raise money.

## **3. Conventions and Conferences; Info-Tech- *Preston Houck***

## **4. District Service Project- *Abigail Vaaler***

The Fall Service Newsletter and registration for District Large Scale Service Project (DLSSP) have been sent to clubs. Clubs, please share these materials with your members and discuss DLSSP at your first meeting. I hope to see you all at DLSSP!

## **5. Kiwanis Family Relations- *Kelly Gagnon***

Hey Carolinas!

The Kiwanis Family Committee is working on publishing the K-Fam Manual, which will be released September 15. In this manual you will be able to find clubs from each branch of the Kiwanis Family in your area as well as examples of service projects you can use to boost up those K-Fam hours! Pretty exciting, ay? :)

# Monthly Member Recognition

Members of the Month:

Club Choice:

## JOSHUA MYERS

(Coastal Carolina)

*"In a time when it is hard to get in touch with the president of the club, Joshua stepped up and performed some of the tasks for which other officers are responsible. He is also playing a key role in helping the club locate its bylaws to submit to the district."*



District Board Choice:

## ABIGAIL VAALER

(UNC-Chapel Hill)

*"Her dedication over the summer is admirable!"*

*"Abi is so dedicated and passionate about Circle K. Even throughout the summer she stayed on top of things and planned the upcoming DLSSP without missing a step."*



*Know a Circle K member you think should be recognized?*

*How about a club service project you are particularly proud of?*

*Remember to nominate members and projects each month on your Club Monthly Reports! (Due the 5th of each month.)*

# Mascot Stealing Rules

It's time to head back to school, and you know what that means...

Mascot stealing can be fun and promote friendly rivalry, but the Carolina's District has rules to keep things under control.

## Stealing

- You can't steal another club's mascot, unless your club's mascot present at the event and free for other clubs to nab. It's only fair.
- No fighting over a steal, and no running after someone to recover your mascot. Once it's stolen, it's stolen.
- Keep it classy! This means no stealing mascots during formal or semi-formal events, or when distinguished guests are present.
- Already have 2 other clubs' mascots? Maybe it's time to take a break from stealing.
- Being protective of your mascot is awesome, but you may not tie or otherwise secure your mascot to any person or object, be it a table or your club president.



While it's okay to steal mascot, please keep away from another club's bell, gavel, or banner. These items are valuable, both physically and sentimentally

- If you have stolen a mascot, please write a ransom note to the stealing club.
- Have a stolen mascot? You may not trade or give it away to a third club, and another club may not steal it from your club.

## Possessing

## Returning

- Interclubs are lots of fun and a great time to return a stolen mascot.
- If a stolen mascot is not returned during an interclub, it must be returned at the next District event.
- Still haven't returned a mascot? The stealing club's Lieutenant Governor will ensure it gets returned within 3 months.
- Injured mascot? The stealing club is responsible for first-aid for a vandalized mascot. If a mascot is lost or damaged beyond repair, the stealing club must replace the mascot.



# Helpful Advice to Better Your Club

It's not enough just to recruit. You also have to RETAIN members. Keep them interested, keep them happy and feeling wanted.

One little idea as to how to do so? It's simple, but you have no idea how much it will mean to them...

Let's say, for example, you notice a member stays to help clean up an event, not because they were supposed to or were asked to, just because they wanted to help.

Go to the dollar store, buy a little duster, and tie a piece of paper around it with a little note thanking them for staying after to clean up. It sounds silly, but it's simple things like this that show you pay attention to the effort your members put in that will keep them happy and wanting to stay.

This can really be done with anything... just get creative! A thank you does not have to be expensive, in fact, it's often more meaningful if it isn't. Remember one of our quick tips; "high creativity trumps high cost. Always."

Email lhockstra@kiwanis.org and ask her for some of the little creative ways to tell a member thank you. She has a gazillion of them and would love to share!

## Want a little help with recruiting more members?

Here's some advice straight from a workshop at ICON 2011, "Recruit it real good" with Laura Hockstra, area director of Service Leadership Programs growth.

*(from my own personal notes for those of you who could not attend!)*

If you think about it from a salesperson's point of view, you're really trying to SELL memberships to Circle K, right? Students don't need to join Circle K to participate in service in the community, so make sure you remember ALL OF THE REASONS for them to join our organization.

We sell:

- Fellowship (who do you love better than your CK friends?)
- Personal development (becoming a better person)
- Opportunities (leadership and networking)

The point is to advertise what makes Circle K so unique from the rest of the service organizations on campus and in the community.

→ And we're NOT to say that we are "better than another group" A great goal to have is to become the service clearinghouse on campus; the "buffet of service". You want other groups on campus to know that if they are looking for service, they can come to you to help hook them up.

Quick Tips:

\* DO NOT USE ALL OF THE ACRONYMS! It is really confusing, even to those of us who have been in Circle K for a while. It will only scare away newcomers.

\* Make sure you are being SERVICE executives, not marketing executives. Clean up your t-shirts and websites so that when people, muggles (haha, sorry with the new Harry Potter movie, I'm living in that fantasy world again...) or non-Circle K'ers, see them, they know what Circle K is really all about.

\* Don't assume people won't have time for Circle K. Ask!

\* Mix up your meetings. If you see people starting to dwindle each week, it's time to try something new. Incorporate service projects into meetings or do something social and fun!

\* IT IS OK TO CUT SERVICE. Let's face it, some service projects never get many takers. If this happens, it's ok to cut it and focus on other things your members are more interested in.

\* High creativity trumps high cost. Always.

# Upcoming Events



Circle K'ers playing Twister at DLSSP 2010 at the Boys and Girls Homes of Lake Waccamaw, NC.

## DISTRICT LARGE-SCALE SERVICE PROJECT

September 16-18, 2011

I first heard of District Large Scale Service Project (DLSSP) at the very first Circle K meeting I attended my freshman year. I went to the meeting feeling uncertain, and I left excited that I already had the opportunity for an adventure away from campus for a weekend. At my first District Large Scale Service Project (DLSSP) I met lots of new people and immediately felt included in a group. It was a great experience for me as a new Circle Ker.

After nearly three years and 6 DLSSPs, District Large Scale Service Project (DLSSP) is still my favorite Circle K event. This event is held once a semester, often times at Boys and Girls Homes in Lake Waccamaw, North Carolina, as it will be this coming September 16-18. Boys and Girls Homes is a great organization which works to provide a home to many children who have been taken out of situations of abuse and neglect. Circle Kers help Boys and Girls Homes by doing service such as painting, yard work, and cleaning, all while having fun with each other.

Unlike many service projects which last an hour or an afternoon, there is lots of social time at DLSSP. Spending the weekend with other Circle Kers means lots of time to bond with new friends, and I know that doing many hours of service to help others is time well spent. It seems there is always a contagious enthusiasm at DLSSP.

Unlike some other events with intimidating registration fees (although events are awesome too), DLSSP is free, with meals included, so if you haven't been to a district event before, DLSSP is a great one to try. If you are a new member, DLSSP can really draw you in to Circle K, like it did for me. If you've been in Circle K a while, but have never been to DLSSP, give it a try. It will be a new experience and expose you to another part of Circle K.

Save the date for the weekend of September 16-18, 2011. Registration information and a Service Committee Newsletter will be coming out in early August. I look forward to seeing you there!

-Abigail Vaaler, Service Committee Chair

Q: What could be better than a FREE service/ social gathering with all of your favorite Circle K friends at the home of our District Project in Lake Waccamaw, NC?

A: [You guessed it] nothing!

# Crafts That Care

Looking for new service project ideas? How about a way to bring your club together at club meetings?

Here's a simple solution:

Why not try crafts that care; crafts that have a cause? Each month you can find easy crafts here that you can do with your club.

The best part... is that they will all help someone in need.

Who says you can't combine a meeting with social gathering time and a fun service project?

Certainly not me!

## Shoebboxes for the Homeless

*How many times have you passed a homeless person on the street who is begging for money so they can buy food?*

*Too often do people ignore helping such "beggars" out of skepticism.*

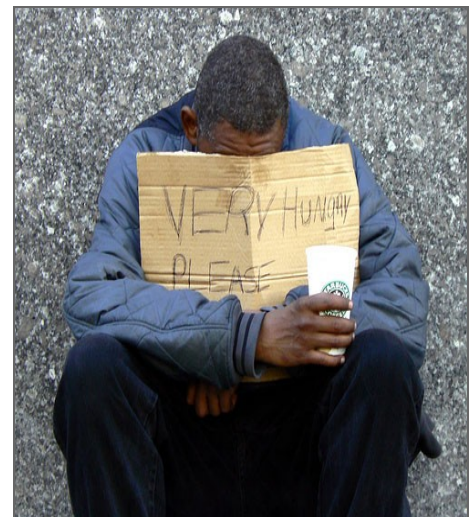
*Here is a great 'craft' you can create with your club so that your members can help your local homeless community whenever they happen to pass by:*



### YOU WILL NEED:

- Either a shoebox or a gallon size bag
- Non-perishable food items that do not require preparation
- Construction paper and markers to create cards
- Water bottles
- Anything else you can think of to include in your shoebox or bag (be creative but mindfully!)

ie: toothbrush, band-aids, socks, notebook and pen...



*Once you assemble your shoeboxes, you can schedule a time for your club to hand them out. OR you can keep your bag in your car or backpack so that whenever you see someone in need of it, you can hand it to them. :-)*

# Words of Inspiration

**IF YOU HAVE**

food in your fridge, clothes on your back, a roof over your head and a place to sleep

**YOU ARE RICHER THAN 75% OF THE WORLD.**

**IF YOU HAVE**

money in the bank, your wallet, and some spare change

**YOU ARE AMONG THE TOP 8% OF THE WORLD'S WEALTHY.**

**IF YOU WOKE UP THIS MORNING WITH MORE HEALTH THAN ILLNESS**

**YOU ARE MORE BLESSED**

**THAN THE MILLION PEOPLE WHO WILL NOT SURVIVE THIS WEEK.**

if you have never experienced the danger of battle, the agony of imprisonment or torture, or the horrible pangs of starvation

**YOU ARE LUCKIER THAN 500 MILLION PEOPLE ALIVE AND SUFFERING.**

**IF YOU CAN READ THIS MESSAGE YOU ARE MORE FORTUNATE**

**THAN 3 BILLION PEOPLE IN THE WORLD WHO CANNOT READ IT AT ALL.**

Mark Your Calendars!

# August/September

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						20
21	22	23	24	25	26 Kiwanis DCON in Asheville	27 Kiwanis DCON in Asheville
28 Kiwanis DCON in Asheville	29	30	31	1	2	3
4	5 CMR's Due!	6	7	8 DLSSP Registration Due	9 Club Bylaws Due Today	10
11	12	13	14	15 Kiwanis Family Manual Released	16 DLSSP at Lake Waccamaw!	17 DLSSP at Lake Waccamaw!
18 DLSSP at Lake Waccamaw!	19	20 Next Bulletin Published				11

## Letter from the Editor:

Hello my beautiful Circle K family,

Well, it's that time of year again. Time to pack our bags up and head back to campus to start a brand new year. Hopefully you've been staying active in Circle K or in your community over the summer, as well as started to recruit new members, but if you haven't, get ready to pub it up and serve! Some of the recruiting methods in the "helpful advice" section are just for starters; get creative and come up with some of your own methods to steer those new students in!

I hope you all had wonderful summers; I definitely enjoyed the break, myself. And now, I wish you all the best of luck as you start a brand new semester and a brand new year.

Remember to take lots of pictures this year and send them to me to be posted into the bulletin, along with any articles on projects you are involved in, or even perhaps an inspirational story of your own or one you would like to share. I'm all ears; this is YOUR bulletin!

CK Love,

*Kelly*

### A Quote to Live

By:

*"The body has to be utilized for service to others. More bliss can be got from serving others than from merely serving oneself."*

-Sri Sathya Sai Baba

### District Board Contact Information

District Administrator, Bill Yarborough	wwyarb@gmail.com	864-981-1284
Governor, Shirlyn Davenport	davenport.shirlyn@gmail.com	919-394-4563
Treasurer/Laws and Regs Chair, Alex Cha	alex.cha@duke.edu	313-969-7767
Bulletin Editor/K-Fam Chair, Kelly Gagnon	kdgagnon@email.unc.edu	704-408-4628
Blue Ridge and Metro Lt. Gov., Colby Grier	cleighsponge@aol.com	704-621-2017
Capital Lt. Gov., Cynthia Wang	csw26@duke.edu	510-685-7927
Triad and Palmetto Lt. Gov., Hang Lin	linh8@wfu.edu	704-778-0072
Coastal Lt. Gov., Dale Hamilton	hamiltond09@students.ecu.edu	828-291-2782
Con-Con and Info-Tech Chair, Preston Houck	nphouck@ncsu.edu	412-657-8119
MD&E Chair, Shannon Zeiders	zeidersse@appstate.edu	570-574-9841
Service Chair, Abigail Vaaler	vaaler@live.unc.edu	512-796-6921

